

What is a Sponsor?

A sponsor is a person who encourages and assists the candidate to embrace and actively practice the Catholic faith both before and after Confirmation. The sponsor also presents the candidate to the Bishop (or his delegate) at the celebration of Confirmation.

Who is eligible to be a sponsor?

- Your sponsor must be at least sixteen years of age.
- Your sponsor must be Roman Catholic (baptized, confirmed, and received first communion).
- Your sponsor must be practicing their faith (attends Sunday Mass and days of obligation)
- If married, they must be married according to the regulations of the Catholic faith.
- Your sponsor must be someone other than your parents (includes step or foster parents)

A Prayer to Help Choose a Sponsor

Holy Spirit, helper, and guide,

give me wisdom as I choose my Confirmation sponsor.

Help me to choose a person of prayer who will teach me also to be a person of prayer,
who will support me in difficult times, who will guide me to make good choices,
and who will challenge me when I do not.

Help me to choose someone who will love me and teach me to love Jesus.

Thank you for giving me a community of people around me to support and guide me as I take
this important step in becoming more fully a member of your Church.

Amen